

RUN (EASTER)

John 20:1-10

The concept of running appears in a variety of places in the New Testament. The sheep run away from voices they do not know. The false shepherd runs away from the wolf. The man with demons runs up to Jesus at the tombs. The father runs toward his returning son.

☐ **Monday: Read John 20:1–10.**

The disciples ran toward what they didn't fully understand. What might it look like in your life to run toward God even when you are uncertain, admitting your doubts and fears?

☐ **Tuesday: Read Luke 15:17–24.**

The father doesn't wait—he runs to forgive. What does it mean to you that God runs toward you with grace, no matter where you've been?

☐ **Wednesday: Read John 10:1–6.**

The sheep run from a voice they don't recognize.

How can you tune in the voice of Jesus and run away from destructive voices in your life?

☐ **Thursday: Read Mark 5:1–6.**

In his pain, the demon-possessed man ran to Jesus. What part of your life needs healing—and how can you run toward Christ with your pain?

☐ **Friday: Read Hebrews 12:1–2.**

The author says to run with perseverance.

What helps you keep running when faith feels difficult?

☐ **Saturday: Read Matthew 28:1-10.**

Mary Magdalene and the other Mary run to tell others the tomb was empty. Who can you run to tell, with energy and excitement, about the gift of Christ's resurrection?

Why do we run? Some run to stay in shape. Good for you. Some run away from things we fear. That's natural. Most of us run in or toward something when we're excited, when we're hopeful, and when we can't wait. The Bible has some examples of this kind of running.

Following Jesus is running toward God with your doubts, fears, and hopes, trusting that God will reveal what you need to see and know.

Prayer: Jesus, the tomb is empty. We run toward it to see for ourselves, with all our questions and doubts and fears. We arrive and realize that death couldn't hold you. Seeing this gift, may we now run into the word with renewed hope and joy!