

PURE JOY: ELIZABETH

Luke 1:39-45, 57-66

Elizabeth experiences a miracle. While her husband is mute during her pregnancy, she shares her joy with her cousin Mary. She shares her joy with relatives and neighbors. What might we learn about joy and sharing from the experiences of Elizabeth?

Monday: Read Luke 1:39-40.

Who do you turn to for faith-filled support in trying times?

Tuesday: Read Luke 1:41.

What does it feel like to be “filled with the Holy Spirit” (NIV)?

Wednesday: Read Luke 1:42-45.

How are gratitude and joy related?

Thursday: Read Luke 1:57-58.

How does joy spread?

Friday: Read Luke 1:59-67.

When have you had the courage to speak God’s message to others?

Saturday: Read Psalm 16:11.

What is the source of your joy?

SUMMARY

How did Elizabeth know Mary was carrying the Christ child? Mary had just said hello to Elizabeth. Had word traveled? Did the Holy Spirit impart wisdom to Elizabeth? Whatever the case, now that Elizabeth and Mary can share this joy the moment leads to exclamations of praise to God from them both. It’s as though sharing the moment releases and heightens their experience of joy and its source: God.

Followers of Jesus seek and find joy!